



Are you caring for a loved one with memory loss, Alzheimer's, or dementia?

If so, we invite you and your loved one to join us at the ***Memory Café***, a warm, safe, and relaxing environment to share stories, receive support, participate in group activities, and socialize with others living with memory loss.

Did you know....

~ **1 in 10** people over the age of 65 have Alzheimer's or another form of dementia

~ **35% of caregivers** for people with Alzheimer's or another form of dementia report that their health has gotten worse due to care responsibilities

Source: Alzheimer's Association

Where: Whitehall Township Public Library,
3700 Mechanicsville Rd, Whitehall, PA 18052

Dates: Fridays, April 7, May 5, and June 2, 2017

Time: 10am—12pm (participate as long as you can)

*For more information, contact Laura Benner at
Laura_J.Benner@lvhn.org or 610-674-3163.*

This program is sponsored by the Geriatric Workforce Enhancement Program (GWEP) at Lehigh Valley Health Network and in partnership with Whitehall Public Library, the Alzheimer's Association of Delaware County, Allentown Health Bureau, and the Lehigh County Office of Aging and Adult Services. GWEP is funded by the Health Resources and Services Administration with the goal of enhancing care and community resources for older adults and their caregivers.